

Jettel Boot Camp Guide

Scales

Major and minor scales include all printed patterns within their respective sections of the book. Minor scales are to be practiced in both melodic and harmonic forms. For example, the indication “C, a” indicates all patterns for C major, A melodic minor, and A harmonic minor. On days marked “Scales: FREE” you can choose any scales to practice.

Chromatic scales

- Chromatic 1 – quarter note through sixteenth note patterns
- Chromatic 2 – sextuplet through thirty-second note patterns

Interval exercises

- **Intervals 1**
 - Minor thirds and excessive seconds, chromatic
 - Major thirds and reduced quarts, chromatic
- **Intervals 2**
 - Perfect fourths and excessive thirds, chromatic
 - Excessive fourths and reduced fifths, chromatic
- **Intervals 3**
 - Perfect fifths and reduced sixths, chromatic
 - Excessive fifths and small sixths, chromatic
 - Major sixths and reduced sevenths, chromatic
- **Intervals 4**
 - Minor sevenths and excessive sixths, chromatic
 - Major sevenths and reduced octaves, chromatic
 - Perfect octaves, chromatic

Triads

There are three forms of triad exercises – **excessive triads**, **reduced triads**, and **semi-reduced triads**. Each section contains 13 individual exercises, which you should repeat several times when assigned.

- “Triads 1” indicates to practice the first exercise in each series (excessive, reduced, AND semi-reduced triads). Triads 2 indicates to practice the second exercise in each series, Triads 3 indicates the third, etc.

Whole-tone scales

- Whole-tone 1 (WT1) – G whole tone scale and all included patterns
- Whole-tone 2 (WT2) – E whole tone scale and all included patterns

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September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 - C, a - Intervals 1 - Triads 1 - Chromatic 1	2 - G, e - Intervals 2 - Triads 2 - Chromatic 1	3 - D, b - Intervals 3 - Triads 3 - Chromatic 1	4 - A, f# - Intervals 4 - Triads 4 - Chromatic 2	5 - E, c# - Intervals 1 - Triads 5 - Chromatic 2	6 - B, g# - Intervals 2 - Triads 6 - Chromatic 2	7 - F#, d# - Intervals 3 - Triads 7 - Chromatic all
8 - F, d - Intervals 4 - Triads 8 - WT1	9 - Bb, g - Intervals 1-2 - Triads 9 - WT1	10 - Eb, c - Intervals 3-4 - Triads 10 - WT1	11 - Ab, f - Intervals 1-2 - Triads 11 - WT1	12 - Db, bb - Intervals 3-4 - Triads 12 - WT1	13 - Gb, eb - Intervals all - Triads 13 - WT1	14 - C, a, G, e, D, b - Intervals 1 - Triads 1-3 - WT1
15 - A, f#, E, c# - Intervals 2 - Triads 4-5 - WT2	16 - B, g#, F#, d# - Intervals 3 - Triads 6-7 - WT2	17 - F, d, Bb, g - Intervals 4 - Triads 8-9 - WT2	18 - Eb, c, Ab, f - Intervals 1-2 - Triads 10-11 - WT2	19 - Db, bb, Gb, eb - Intervals 3-4 - Triads 12-13 - WT2	20 - C, a, G, e, D, b - Intervals 1 - Triads 1-3 - WT2	21 - A, f#, E, c# - Intervals 2 - Triads 4-5 - WT2
22 - B, g#, F#, d# - Intervals 3 - Triads 6-7 - Chromatic all	23 - F, d, Bb, g - Intervals 4 - Triads 8-9 - Chromatic all	24 - Eb, c, Ab, f - Intervals 1-2 - Triads 10-11 - WT1	25 - Db, bb, Gb, eb - Intervals 3-4 - Triads 12-13 - WT1	26 - Scales : FREE - Intervals 1-2 - Triads 1-6 - WT2	27 - Scales : FREE - Intervals 3-4 - Triads 7-13 - WT2	28 - Scales : FREE - Intervals all - Triads all - WT all
29 - C through d# - Intervals 1-2 - Triads 1-6 - Chromatic all	30 - F through eb - Intervals 3-4 - Triads 7-13 - WT all					